



Results Driven Membership Option

\$69 per month

Basic Membership

- Unlimited Group Fitness Classes
- Unlimited use of Yakima Athletic Club and YAC Fitness
- Option of month-by-month or 12 month commitment, dependent on joining fee.

\$99 per month**

Group Personal Training Membership

(High Energy Training in Groups of 10-12)

- Unlimited Group Training Class, coached by NASM Certified Personal Trainers
- Unlimited Group Fitness Classes
- Unlimited use of Yakima Athletic Club and YAC Fitness
- Monthly dues included

\$139 per month**

Semi-Private Personal Training Membership

(Groups of 2-6)

- Semi-Private Training Classes, coached by NASM Certified Personal Trainers
- Unlimited Group PT Classes
- Unlimited Group Fitness Classes
- Unlimited use of Yakima Athletic Club and YAC Fitness
- Monthly dues included

\$349 per month**

One-on-One Training Membership

- 5 One-on-One Personal training sessions per month
- One dotFit Kit per month, including a 30 count multi vitamin and 3 dotFit bars
- Unlimited Semi-Private PT Classes
- Unlimited Group PT Classes
- Unlimited Group Fitness Classes
- Unlimited use of Yakima Athletic Club and YAC Fitness
- Monthly dues included

\$899 per month**

One-on-One Ultimate Membership

- Unlimited weekday personal training
- Free monthly, personalized dotFit supplementation
- Exerspy and armband and watch at time of sign up
- Free Hydromassage
- Free Unlimited Tanning
- Free Towel Service
- Unlimited Semi-Private PT Classes
- Unlimited Group PT Classes
- Unlimited Group Fitness Classes
- Unlimited use of Yakima Athletic Club and YAC Fitness
- Monthly dues included

*** Three month minimum commitment required at selected upgraded membership option
Pre registration for all training sessions required.*