



Membership Guidelines

November 21, 2010

Corporate Philosophy: Yakima Valley Racquet Club Inc. is a company dedicated to success in the business of Health and Fitness. It is a company of progressive employees committed to providing a professional service to the customer with honesty and a genuine care. We believe in the continuing education of healthy lifestyles.

Getting more people, more active, more often...YAC

CHECK-IN PROCEDURE

- All members, guests, and activity program participants must check in at the front desk.
- Members must scan membership key tag.
- Temporary members must show activity card each visit.
- A locker key and small towel may be obtained at no charge in exchange for driver's license or car keys.

GUEST POLICY

- Guests must sign the guest register at the front desk.
- Members may bring a guest at any time for a \$8 + tax guest fee.
- Non-member children ages 3 – 14, may use the pool, tennis and racquetball courts, for a \$4 each guest fee.
- Non-member guest fee is \$20 + tax per day.

CLUB ATTIRE

- Comfortable workout wear is acceptable; however, because of our concern for personal hygiene we consider appropriate club attire to be t-shirts, shorts or sweats, and athletic shoes.
- Only non-marking athletic shoes that have not been worn outside may be worn on the fitness studio floor or racquetball courts.
- No sandals or open-toed shoes are acceptable while working out.
- T-shirt and shoes must be worn at all times on the workout floor, weight rooms, and fitness studio.

COURT INFORMATION

- Same-day reservations for racquetball/handball and tennis courts are made at the front desk. Two names are required to reserve a court.
- All courts are reserved for one hour. No back-to-back reservations.
- Reservations are held for ten minutes. YAC clocks will regulate time.
- Racquetball racquets must have wrist straps and protective guards.
- Protective eyewear is mandatory.
- Only non-marking shoes are allowed on the courts.

LOCKER USE

- Lockers are available for daily use at no additional charge.
 - A locker key may be obtained in exchange for a driver's license or car keys.
 - There is a \$25 charge for lost locker keys.
 - Rental lockers are available in various sizes for a yearly fee. Members are responsible for their own keys. (Lockers subject to availability).
 - The YAC is not responsible for articles lost or stolen in the club or on club property.
- PLEASE LOCK-UP YOUR VALUABLES.**

SMOKING AND FIREARMS

- Smoking or use of tobacco in any form is not allowed in the club facility, or outside on the club property.
- Firearms/weapons are prohibited on YAC property unless authorized by management.

ANTI-HARASSMENT POLICY

The Yakima Athletic Club strictly enforces an anti-harassment policy with its membership, guests, employees and extra program participants. Our goal is to provide an environment free from tensions created by non-work-related conduct, including ethnic, racial, sexual or religious remarks, animosity, unwelcome sexual advances, or requests for sexual favors, or other such conduct. Harassment includes, without limitation, verbal harassment (epithets, derogatory statements, slurs), physical harassment (assault, physical interference with normal work involvement), visual harassment (posters, cartoons, drawings, t-shirts), and innuendo. Violation of this conduct may result in suspension or termination of membership privileges.

ALCOHOL

- Alcohol may be consumed during special events (tournaments/league events) in the front desk lounge, and court #2 viewing area only. No alcohol in locker rooms, or any undesignated area of the club at any time. Special banquet permits will be posted at the front desk.
- Alcohol will only be consumed by those 21 years of age or older with proper identification.

POOL AND HOT TUB RULES

There is always one lane available for lap swimming during club hours.

- No diving.
- No hanging on basketball hoop in pool or hot tub.
- No cutoffs allowed in pool or hot tub.
- Please shower before entering pool or hot tub.
- No running, pushing, profanity, or rough horseplay.
- Children under 16 years old are allowed during Lifeguard Swim only.
- No open sores or cuts allowed in pool or hot tub.
- Children in diapers must wear plastic pants in pool.

EXERCISE AREAS (Group Fitness Studio, Cardio Deck, Weight Rooms, Pool)

- Please ask staff for assistance if you are unsure of proper equipment use.
Please limit cardio machine use to 30 minutes during busy times.
- Please wipe off all equipment after use with spray bottle disinfectant and pull towels that are placed throughout the club.
- Please do not bring children or visitors to wait for you or watch while you work out. They are not allowed in the exercise areas and we will direct all children to the Kid's Club. **SEE CHILDREN'S POLICIES**
- No gym bags allowed in the exercise areas.
- Refer to Children's Club Use Guidelines for Equipment Use for children ages 12-14.

CHILDREN'S POLICIES

- Children under the age of **15** years old **MUST** be supervised at all times while in the club, or on the club premises.
 - Children over the age of **5** years old are not allowed in the opposite sex locker room.
 - Children on family memberships will be removed from the membership at the age of 23 years old. They will have three months from the date of their 23rd birthday to join with no joining fee.
 - Summer baby-sitters or exchange students may be added to a membership for a fee of \$10 per month/per person. The membership must be paid in advance for the period of time it will be used. Each add-on will need to fill out a temporary contract with the parent's signature required if they are less than **18** years old.
- Please refer to Children's Club Use Guideline for more information.

LOST AND FOUND

- All found items will be dated and held at the front desk for 4 weeks.
- Please call as soon as possible and report missing items.
- After a 4-week period, all found items will be donated to a local charity organization.

RESIGNATION/BILLING POLICIES

- All members must give a **written notice 30 days prior to banking withdrawal date** to the Business Office before resignation from the Yakima Athletic Club.
- All account balances are payable by the contracted payment terms will be subject to an 18% late charge.
- Membership status may be upgraded at any time for a \$25 processing fee.
- Please contact the Business Office for any billing or resignation questions.

DO YOU KNOW SOMEONE INTERESTED IN JOINING THE CLUB?

Contact a Yakima Athletic Club Sales Representative to schedule a free tour and trial workout at their convenience. Ask about our Member referral program and receive a \$25 credit on your next month's dues when you refer a friend!