



Yakima, WA

*Yakima Valley Racquet Club, Inc.*

## **MEMBERSHIP GUIDELINES**

**12-19-09**

### **CHECK-IN PROCEDURE:**

- All members must scan membership cards at the front desk during staffed hours or at the outside door during non-staffed hours.
- Facility users must provide their own sweat towels and shower towel.
- Members age 15 -17 years old are restricted to the hours of 5:00am - 10:00pm.

### **GUEST POLICY:**

- Members may bring a guest during staffed hours for a discounted guest fee of \$6 +tax per visit (regular \$16 guest fee). Member must accompany guest.
- During non-staffed hours guests must be pre-arranged. A fee of \$50 will be charged to the members account for misuse during non-staffed hours.
- The same policies apply to guest as members. Members are responsible for the actions of their guest. Guest must sign the guest register at the front desk.
- YAC Fitness offers 2 Reciprocal Use Programs, FitLife (a NW FREE use program) and IRSHA (an international health club usage program – discounted fees) **Members may obtain a FitLife Card or IHRSA Passport and more information at the front desk.**  
**Temporary members not eligible for reciprocal benefit.**

### **PROPER FITNESS ATTIRE:**

- Comfortable workout wear is acceptable; however, because of our concern for personal hygiene we consider appropriate gym attire to be t-shirts, shorts, or sweats.
- T-shirt and clean athletic shoes must be worn at all times in the building. Only non-marking athletic shoes that have not been worn outside may be worn in the Group Fitness Studio.
- ***NO SANDALS OR OPEN-TOED SHOES ALLOWED IN THE BUILDING.***

### **EXERCISE AREAS:**

- Please ask staff for assistance if you are unsure of proper equipment use.
- **Re-rack ALL weights after EACH use.**
- **Please wipe off all cardio and weight equipment with x-wipes after use.**
- **No excessive yelling or grunting allowed.**
- Abuse of YAC Fitness equipment or property will result in termination of membership privileges. “Abuse of equipment” includes but is not limited to; dropping or banging of dumbbells, barbells, or selectorized equipment; misuse of cardiovascular equipment, and/or vandalism of any kind to any YAC Fitness equipment or property.
- Please report any violations during non-staffed hours on the member phone located over the drinking fountain on the main floor.
- No children or visitors are allowed to wait in the cardio or weight equipment areas.

### **LOCKERS:**

- Lockers are available for daily use at no charge. Private Lockers available FOR RENT.
- Members must bring a lock to use on lockers. Locks are sold in the Pro Shop.
- Any locks left on for 24 hours will be cut off and contents will go into lost and found.
- **YAC Fitness is not responsible for articles lost or stolen in the facility or on gym property. PLEASE LEAVE VALUABLES AT HOME.**

### **ANTI-HARASSMENT POLICY**

YAC Fitness strictly enforces an anti-harassment policy with its membership, guests, employees and extra program participants. Our goal is to provide an environment free from tensions created by non work-related conduct, including ethnic, racial, sexual or religious remarks, animosity, unwelcome sexual advances, or requests for sexual favors or other such conduct. Harassment includes, without limitation, verbal harassment (epithets, derogatory statements, slurs), physical harassment (assault, physical interference with normal work or involvement), visual harassment (posters, cartoons, drawings), and innuendo. Violation of this conduct may result in suspension or termination of membership privileges.

### **DRUGS/TOBACCO/FIREARMS**

The distribution, use or being under the influence of illegal drugs (including steroids) in any form, are prohibited and will result in membership termination.

Smoking, or the use of tobacco in any form, is not allowed in the gym, or outside on YAC Fitness property.

Firearms/weapons are prohibited on YAC Fitness property unless previously authorized by management.

### **CHILDREN'S POLICIES:**

- Children under the age of 12 years old are not allowed to use the facility. Children ages' 12yrs – 14yrs may use the gym under supervision of a parent or sibling 18 years and older during the hours of 5:00 am- 10:00 pm.
- **Children are not allowed to wait at the front desk or in exercise areas of the gym standing by their parent.**
- Children on family memberships will be terminated from the membership at age 23. They will have three months from the date of their 23<sup>rd</sup> birthday to join with no joining fee.

### **LOST AND FOUND:**

All found items would be dated and held at the front desk for 4 weeks.

Please call as soon as possible and report missing items.

After a 4-week period, all found items would be donated to local charities.

**YAC Fitness is not responsible for lost or stolen items!**

### **FACILITY MAINTENANCE**

There may be on occasion, an area or multiple areas of the gym closed for maintenance.

Equipment may be unavailable or areas closed. It is our policy to provide a safe environment for membership.

### **RESIGNATION AND BILLING POLICIES:**

All members must give a 30-day written notice to the Business office prior to their withdrawal date for resignation from YAC Fitness. Contractual and financial obligations must be fulfilled before resignation.

Please reference Business Office Policies.

*If you have any questions concerning these policies of use, please contact a YAC Fitness staff member. Any violation of these policies may result in suspension or termination of membership privileges.*